Пациентка У. , 65 лет, поступила с жалобами на повышение Т.тела до 38.8С, кашель со скудной слизистой мокротой, одышка при физических нагрузках, слабость

**АНАМНЕЗ ЗАБОЛЕВАНИЯ**

Заболела остро, когда появились жалобы на кашель и одышку, повышение Т тела до 38,8 С. Переохлаждение и контакт с больными ОРВИ отрицает. Самостоятельно принимала ацц, парацетомол с кратковременным эффектом в виде снижение Т тела до субфебрильных значений. Сегодня в связи с ухудшением (наросла одышка, слабость) вызвала СМП, доставлена в приемное отделение.
**АНАМНЕЗ ЖИЗНИ**

Контакт с больными туберкулёзом отрицает
Употребление наркотических средств отрицает
Перенесенные заболевания и травмы  Гипертоническая болезнь II риск 3
Аллергологический анамнез не отягощен
Гинекологический анамнез Характер менструаций менопауза
**ОБЪЕКТИВНЫЙ СТАТУС**

Состояние средней тяжести, Рост 155, Вес 63.0, ИМТ 26.2, Кожные покровы чистые, Слизистые нормальной влажности, Миндалины не увеличены, Лимфоузлы не увеличены, Костно-мышечная система с постели не встаёт, Отеки нет

**Органы дыхания**: Носовое дыхание свободное, Грудная клетка правильной формы, Дыхание везикулярное, Хрипы незвучные инспираторные над верхними отделами сухие слева. Сатурация 97%

**Сердечно-сосудистая система**: Область сердца не изменена, Тоны сердца ритмичные, приглушены, Шумы в сердце нет, ЧСС 74 уд/мин, АД 130\80 мм рт. ст.

**Органы пищеваврения:** Язык чистый, **Органы мочевыделения**Симптом XII ребра отрицательный с обеих сторон

|  |
| --- |
| ЛАБОРАТОРНЫЕ РЕЗУЛЬТАТЫ |
| **Исследование уровня билирубина и его фракций в крови**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Билирубин общий | 8.00 | мкмоль/л | (1.70 - 20.00) |
| Билирубин прямой | 0.40 | мкмоль/л | (0.00 - 4.60) |
| Билирубин непрямой | 7.60 | мкмоль/л |

 |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| С-реактивный белок (СРБ) | 2.00 | мг/л | (0.00 - 5.00) |

 |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Общий белок | 74.00 | г/л | (65.00 - 85.00) |

 |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Мочевина | 4.20 | ммоль/л | (1.70 - 8.30) |

 |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Креатинин | **57 <** | мкмоль/л | (58 - 103) |

 |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Глюкоза | **7.83 >** | ммоль/л | (4.20 - 6.10) |

 |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| АСТ | 17.8 | Ед/л | (0.0 - 31.0) |

 |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| АЛТ | 16.0 | Ед/л | (0.0 - 34.0) |

 |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Калий | 3.90 | ммоль/л | (3.50 - 5.10) |
| Натрий | **135 <** | ммоль/л | (136 - 146) |
| Хлор | 98 | ммоль/л | (98 - 106) |

 |
| **Общий анализ крови на гем.анализаторе с машинной формулой**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Наименование анализатора: | Sysmex XT4000i |
| WBC Лейкоциты | **10.66 >** | 109/л | (4.00 - 9.00) |
| RBC Эритроциты | 4.01 | 1012/л | (3.90 - 4.70) |
| HGB Гемоглобин | 127 | г/л | (120 - 140) |
| HCT Гематокрит | 38.0 | % | (36.0 - 42.0) |
| MCV Средний объем эритроцитов | 94.8 | фл | (80.0 - 100.0) |
| MCH Среднее содержание гемоглобина в эритр. | **31.7 >** | пг | (27.0 - 31.0) |
| MCHC Средняя концентрация гемоглобина в эритр. | 334 | г/л | (300 - 380) |
| RDW-SD Станд.отклонение размера эритр. от сред.зн. | **48.4 >** | фл | (35.0 - 46.0) |
| PLT Тромбоциты | **459 >** | 109/л | (150 - 420) |
| PCT Тромбокрит | 0.380 | % | (0.150 - 0.400) |
|   | относительные | абсолютные |
| Нейтрофилы | **83.0 >** | % | (50.0 - 70.0) | **8.85 >** | 109/л | (2.00 - 7.00) |
| Лимфоциты | **10.70 <** | % | (19.00 - 37.00) | **1.1 <** | \*109/л | (1.2 - 3.0) |
| Моноциты | 5.70 | % | (3.00 - 13.00) | 0.61 | 109/л | (0.20 - 1.00) |
| Эозинофилы | **0.10 <** | % | (0.50 - 5.00) | 0.01 | 109/л | (0.00 - 0.50) |
| Базофилы | 0.50 | % | (0.00 - 1.00) | 0.05 | 109/л | (0.00 - 0.20) |
| Незрелые гранулоциты | 1.9 | % | 0.20 | 109/л |

 |
| **Подсчет лейкоцитарной формулы крови**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|    |
|   | относительные |
| Миелоциты | **1.0 >** | % | (0.0 - 0.0) |
| Палочкоядерные нейтрофилы | 5.0 | % | (1.0 - 6.0) |
| Сегментоядерные нейтрофилы | **80.00 >** | % | (47.00 - 72.00) |
| Лимфоциты | **10.0 <** | % | (19.0 - 37.0) |
| Моноциты | 4.0 | % | (3.0 - 11.0) |

 |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Скорость оседания эритроцитов | **41 >** | мм/час | (2 - 15) |

 |
|  |
| **РЕЗУЛЬТАТЫ ОБСЛЕДОВАНИЙ:** |
| РЕНТГЕНОЛОГИЧЕСКОЕ ИССЛЕДОВАНИЕ ОРГАНОВ ГРУДНОЙ ПОЛОСТИ |
| **Аппарат** : КАРС БКС2 |
| проекции: прямая, боковая; вид исследования: цифровое; количество процедур (снимков): 2 эффективная доза: расчетная 0,06 мЗв |
| **Состояние легких** : расправлены |
| Пневматизация легочной ткани: инфильтративные изменения в S1-2 левого легкого |
| **Легочный рисунок** : усилен, обогащен |
| **Корни легких** : с пониженной структурностью |
| **Диафрагма** : куполы четкие ровные, высота стояния соответствует конституциональному типу |
| **Тень средостения** : не изменена |
| **Плевральные полости** : свободны: определяются спайки: плеврокостодиафрагмальные, с двух сторон |

1. *Выделите основные синдромы.*
2. *Напишите диагноз.*
3. *Проведите дифференциальную диагностику. Какое неотложное состояние можно заподозрить у больной в связи с нарастающей одышкой? Какие методы исследования нужно провести, чтобы исключить это состояние?*
4. *План обследования.*
5. *Распишите план лечения для данного больного.*